

SUMMER CAMP 2023 AND THE CAPACITY BUILDING

WORKSHOP AT APS JAMMU CANTT

The fifth day of the 'Summer Camp 2023' sparked off with the refreshing "Yoga Session". The camp participants gathered early in the morning at the designated outdoor area surrounded by nature and fresh air. The session was marshalled by experienced yoga experts of the school Ms Ranjana Sharma and Mr Rashav Singh, who guided everyone through a series of postures, breathing exercises and relaxation techniques.

Art is as natural as sunshine and as vital as nourishment. Today's art and craft session focused on "Papier Mache Clay". This session aimed to give children the opportunity to transform ordinary paper into extraordinary art, thereby improving their motor skills.

After the invigorating art and craft session the campers gathered for "Fireless Cooking". This session aimed to teach them how to prepare healthy and delicious snacks without fire. It inspired the children to be self-directed and independent to follow directions and develop problem-solving skills. The focus of this particular session was on making Aampanna and Poha. The tiny tots made delicious coconut laddoos with milkmaid.

In the dance class the students learnt fusion of bollywood and punjabi dance forms. They delved into footwork, hand gestures, facial expressions and rhythms. It boosted their confidence, coordination and control of their body movements along with enhancement of listening and understanding skills.

Following the yoga session, Capacity Building Workshops were conducted by different facilitators of our School. The first workshop for the day was conducted by Mr Dalbir Singh. The workshop focused on the topic 'Learning Objectives and Outcomes of Teaching Science at Upper Primary Level'. Mr Dalbir stressed on the following objectives :-

- Cultivate scientific temper
- Critical thinking
- Understanding of methods and processes
- Natural curiosity
- Creativity among children

In the second session Mr Ashish Anand, the special educator, took session on 'Indian Sign Language'. He emphasised on understanding and using sign language. Following things were taught during the workshop :-

- Vegetable names
- Family and relationships
- Classroom and stationary items

Teachers actively participated and learned to communicate the above things in

sign language.

The day concluded with a session on Integration of Artificial Intelligence In classrooms by Computer Science Department, Ms Tanisha Sharma and Ms Nikhar Babuta. They introduced all the latest AI tools including Chat GPT, NASA and Blockade labs which can be incorporated during teaching learning process to make it more effective and engaging. AI is developing at a rapid pace. The workshop focussed on the ways and means by which educators can take advantage of AI as a via media for time saving, idea and content generation, analysing student's performance and motivating them. In the end an amiable vote of thanks was given by Ms Ramneek Kour.





